

# NVLPC 2018 Fall Workshop & Mini-Expo

## Trauma, Attachment and Creative Modalities for Grounding, Soothing, and Containment



**November 2, 2018, 9:30am-2pm**

**The Hilton Garden Inn**

**3950 Fair Ridge Dr., Fairfax VA**



Lisa is a recognized expert in the strengths-based, depathologized treatment of trauma and has been in private practice for 35 years. She presents workshops and keynote addresses nationally and internationally, and is a clinical consultant to practitioners and mental health agencies in the United States, Canada, the UK and Ireland.

She has been an Adjunct Faculty member at University of Maryland School of Social Work, University of Baltimore at Maryland, University of Maryland Department of Family Medicine, and is the Founder of The Ferentz Institute, formerly known as The Institute for Advanced Psychotherapy Training and Education, now in its twelfth year of providing continuing education to mental health professionals and graduating over 1300 clinicians from her two Certificate Programs in Advanced Trauma Treatment.

In 2009, she was voted the “Social Worker of Year” by the Maryland Society for Clinical Social Work. Lisa is the author of *Treating Self-Destructive Behaviors in Traumatized Clients: A Clinician’s Guide*, now in its second edition, and *Letting Go of Self-Destructive Behaviors: A Workbook of Hope and Healing*, and “Finding Your Ruby Slippers: Transformative Life Lessons from the Therapist’s Couch.” Lisa hosted a weekly radio talk show in 2014—2015. She writes for Psychologytoday.com, and publishes her own blog. You can follow Lisa’s work on Facebook, LinkedIn, and Twitter.

### In this workshop we will learn about:

- Attachment Styles and Adaptation of children to the different Attachment Styles
- The connection between attachment and affect regulation
- Hypo and hyper-arousal
- Why caretaker perpetration represents the most serious form of trauma
- Understand the concept of “Shifting the locus of control”
- Treatment Strategies designed to teach traumatized clients how to modulate emotional arousal
- Assisting clients with containment and self-soothing

**Registration and MINI-EXPO  
with over 20 Mental Health Vendors  
Come Early!!**

Registration opens at 9am

*NVLPC has been approved by NBCC as an Approved Continuing Education Provider (ACEP # 6130). Programs that do not qualify for NBCC credit are clearly identified. NVLPC is solely responsible for all aspects of the program.*



**Continental breakfast and buffet lunch are included in the cost of registration.**

**Registration Cost:** *(Early: On or Before 10/30/18)*

		<u>Early</u>	<u>Regular</u>	<u>At the Door</u>
<b>Members</b>	<b>Clinical and General</b>	\$125	\$135	\$145
	<b>Student/Resident/Retired</b>	\$ 45	\$ 55	\$ 65
<b>Non-Members</b>	<b>All Categories</b>	\$135	\$145	\$155

Register online at <http://www.nvlpc.org> at any time.

*Checks are only accepted on the day of the event.*

*If you wish to secure a discount, you must register online and pay with a credit card.*

*Walk-in registrations will be accepted on the day of the event starting at 9:00 AM. To cancel, please call or email 24 hours in advance or you will be charged for the event. If NVLPC cancels an event, you will be refunded the cost of the event.*

**NON-MEMBER STUDENTS & RESIDENTS CAN JOIN NVLPC & ATTEND THIS EVENT FOR A TOTAL COST OF \$90.**

Visit [nvlpc.org](http://nvlpc.org) before 10/30/2018 to join and register at this discount rate

*NVLPC is proud to be affiliated with AMHCA, the only organization working exclusively for the mental health counseling profession.*