



**NVLPC is proud to host Lisa Ferentz, LCSW-C, DAPA on November 2, 2018 at the Fairfax Hilton Garden Inn**

**TOPIC: TRAUMA, ATTACHMENT AND CREATIVE MODALITIES FOR GROUNDING, SOOTHING, AND CONTAINMENT**

*Registration begins at 9am and the Workshop is from 9:30-2pm*  
**Earn 3 contact hours for this event.**



**About the Presenter:** Lisa is a renowned Speaker of the Ferentz institute in Maryland and we are excited to partner with her. In this three-hour workshop we will explore the four main attachment styles that can play out in the parent-child relationship. We'll take a close look at the disorganized attachment dynamics that exist in dysfunctional and toxic families and the inherent challenges it creates for children when they are forced to stay connected to depressed, emotionally unavailable, inconsistent, anxious, or abusive caretakers. Participants will have the opportunity to learn about techniques that incorporate soothing breath work, resourcing with body movement, creating safety through art, and guided imagery for containment and much more!

**In this workshop we will learn about:**

- Attachment Styles and Adaptation of children to the different Attachment Styles
- The connection between attachment and affect regulation
- Hypo and hyper-arousal
- Why caretaker perpetration represents the most serious form of trauma
- Understand the concept of “Shifting the locus of control”
- Treatment Strategies designed to teach traumatized clients how to modulate emotional arousal
- Assisting clients with containment and self-soothing

**Come and be a part of a clinically rewarding experience!!**

Register online now at <http://www.nvlpc.org>

**Continental breakfast and buffet lunch are included in the cost of registration.**

**Registration Cost:** *(Early: On or Before 10/30/2018)*

		<b>Early</b>	<b>Regular</b>	<b>At the Door</b>
<b>Members</b>	<b>Clinical and General</b>	<b>\$125</b>	<b>\$135</b>	<b>\$145</b>
	<b>Student/Resident/Retired</b>	<b>\$ 45</b>	<b>\$ 55</b>	<b>\$ 65</b>
<b>Non-Members</b>	<b>All Categories</b>	<b>\$135</b>	<b>\$145</b>	<b>\$155</b>

Membership information is available at [NVLPC.org](http://NVLPC.org)

Contact: [Events@nvlpc.org](mailto:Events@nvlpc.org)



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